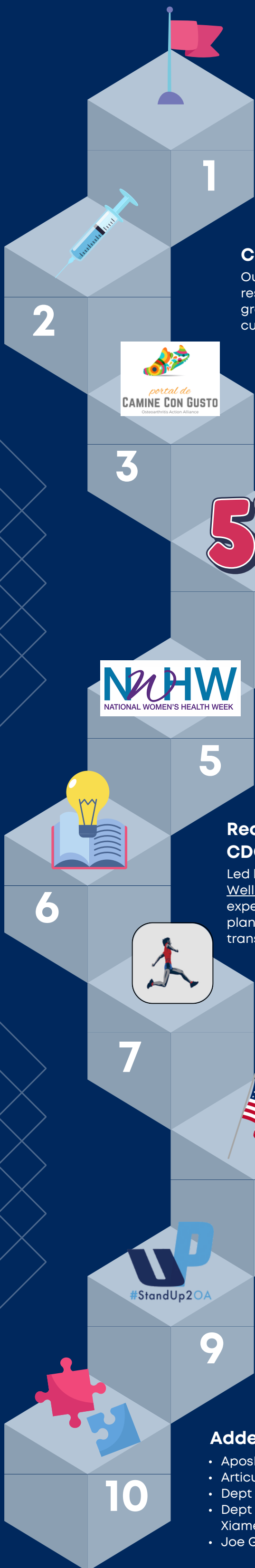




2024 Successes



Welcomed new OAAA Steering Committee leadership and staff

We recently elected Cheryl Der Ananian, Ph.D., MS, as Chair and Dan Pinto, PT, DPT, Ph.D., as Vice Chair. In addition, we hired two new staff members, Crystal Linares and Julianna Villarosa!

Created new Weight Management resources

Our Weight Management task group created a webpage + resource on [Reducing Joint Pain Through a Healthy Diet](#). The task group also drafted a [Weight Loss Medication Statement](#) about the current understanding of GLP-1s and OA.

Created a series of infographics on Myths About OA in Spanish

These infographics are available for download and sharing at <https://oaaction.unc.edu/viviendo-con-osteoartritis>.

Held OA Action Alliance Virtual 5K

This inaugural virtual race was open from June 1 – August 31, 2024 and guided participants to walk safely and comfortably.

Championed National Women's Health Week

This distinction by the U.S. Department of Health and Human Services' Office on Women's Health (OWH) shows we are a leader in the field of women's health and committed to supporting OWH's initiatives, including amplifying NWHW.

Received a Special Interest Project Grant from the CDC through the UNC Prevention Research Center

Led by Dr. Leigh Callahan and the OAAA, the [Arthritis Management & Wellbeing Research Network](#) will establish a cohesive network of experts committed to sharing programmatic and scientific information, planning and conducting collaborative research and evaluation, translating research into practice, and widely disseminating findings.

Launched Remain in the Game App

This app includes step-by-step videos tailored to keep your players healthy by avoiding sports injury and letting them have more time on the field. Available on Apple and Android devices for FREE download!

Created resource for Veterans Day

We partnered with Össur on the creation of a video of a [Marine Veteran](#) sharing words of advice to a younger version of himself about joint pain.

Surpassed 21,000 members in the StandUp2OA Facebook Support Group

This [Facebook support group](#) is a place where approved members can share their goals, questions, and everyday struggles with OA.

Added 5 new member organizations to the OAAA

- AposHealth®
- Articulate Labs
- Dept of Physical Therapy at the University of Maryland Eastern Shore
- Dept of Rehabilitation Medicine at the First Affiliated Hospital of Xiamen University
- Joe Gibbs Human Performance Institute

WE WOULD LIKE TO THANK OUR CURRENT SPONSORS:

