



# LESS PAIN. MORE GAIN.

## The Arthritis Foundation's **Self-Directed Walk With Ease**

program has been shown to:

reduce pain | decrease disability | improve balance

The **Self-Directed Walk With Ease Virtual Delivery System** (i.e. Portal), offered by the **Osteoarthritis Action Alliance**, provides organizations with an online registration, reporting, engagement, tracking, and book delivery system for the program.

### Your organization will receive:

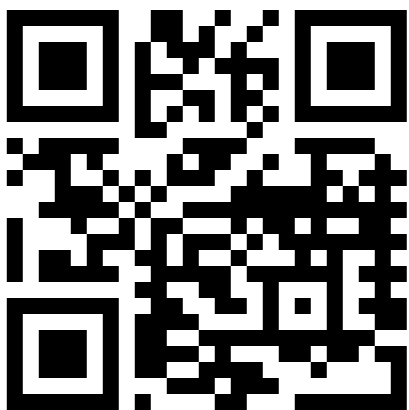
- A unique URL to a mobile-friendly online platform for registering and supporting your WWE participants.
- Automated emails/texts to keep participants motivated and improve your reports.
- Secure accounts for all registrants..
- Adherence features including goal setting, progress tracking, tools, videos & a Certificate of Completion.
- Data collection and reporting features.
- Personalized onboarding training & technical assistance.\*
- Discounted price on the print Walk With Ease guidebook for participants + automated shipping and handling and/or discounted digital books.

### Pricing

Non-Profit/Government		Private/Corporate	
\$3,000	first year	\$5,000	
\$2,000	each additional year	\$4,000	

**Book Pricing:** Digital Books = \$5/book

Print Books = \$4.95+ \$7.75 S&H = \$12.70/book



WWW.WALKWITHARTHRITIS.ORG

\* Equivalent to 1 hr/mo