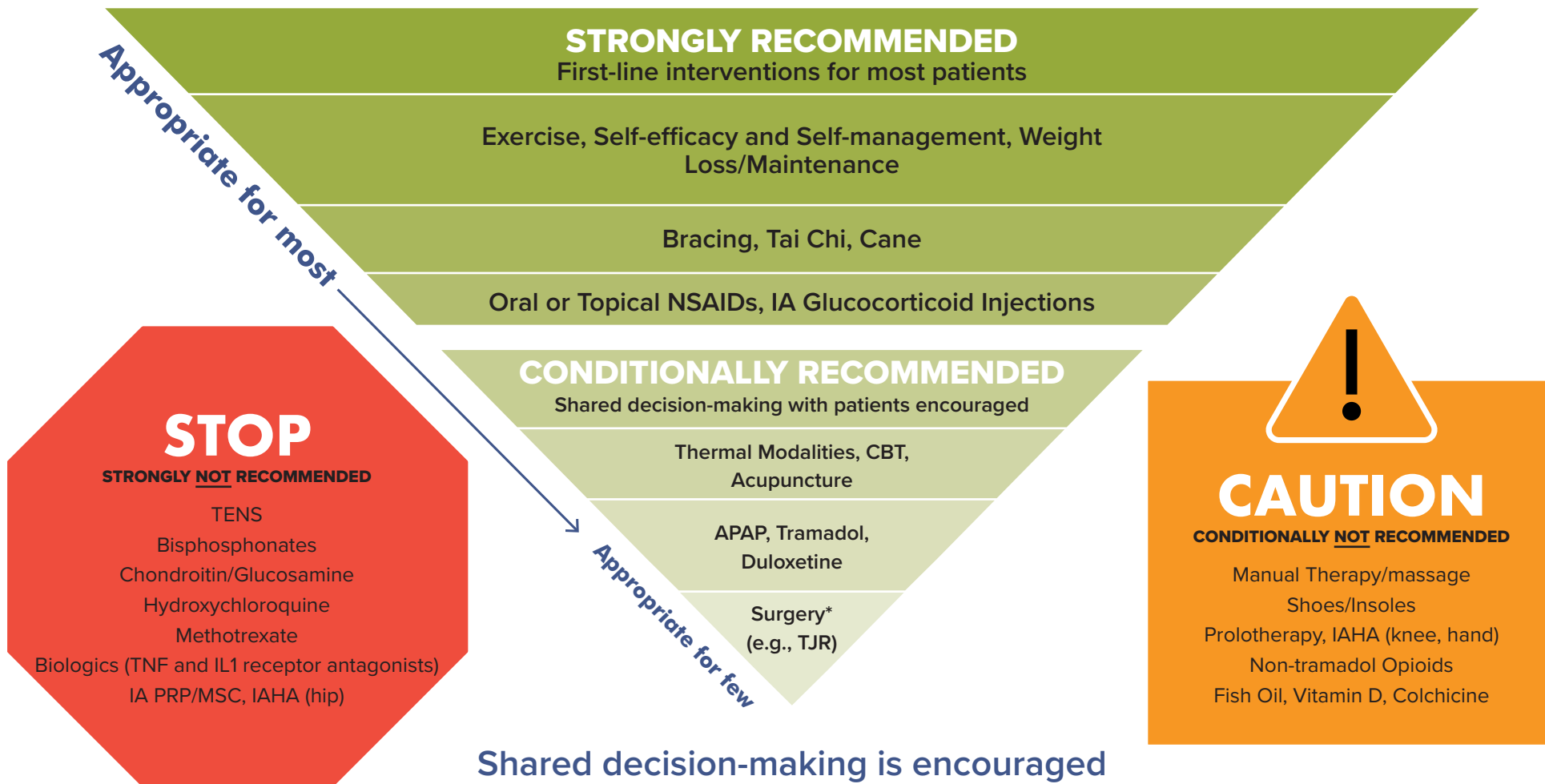


# Interpreting the ACR Guidelines for Clinical Management of Osteoarthritis<sup>1</sup>

The following information summarizes the American College of Rheumatology (ACR) guidelines for the management of hand, hip, and knee osteoarthritis.<sup>1</sup> It is intended for healthcare professionals and is provided for educational purposes only; consult the reference listed below for more comprehensive recommendations.



Shared decision-making is encouraged and includes a conversation between providers and patients on topics such as:

PREFERENCES, COST, TRANSPORTATION, PATIENT GOALS, OTHER HEALTH CONDITIONS

Reference

1. Kolasinski SL, et al. *Arthritis Care Res (Hoboken)*. 2020; 72(2):149-162.

APAP: acetaminophen; CBT: cognitive behavioral therapy; drugs IA: intra-articular; IAHA: IA hyaluronic acid; IL1: interleukin-1; MSC: mesenchymal stem cells; NSAIDs: nonsteroidal anti-inflammatory; NR: not recommended; PRP: platelet rich plasma; TENS: transcutaneous electrical nerve stimulation; TNF: tumor necrosis factor; TJR: joint replacement