THE BURDEN OF OSTEOARTHRITIS

OSTEOARTHRITIS: A SERIOUS DISEASE

242 million people worldwide have symptomatic and activity-limiting OA of the hip and/or knee.

OA pain affects sleep quality, mood, and participating in everyday life.

THE COST OF OSTEOARTHRITIS

absenteeism costs \$10.3 billion

total costs
\$136
billion

avg direct cost \$11K per person per year

Direct costs totaled \$65 billion. (i.e., medical expenditures)

Indirect costs were \$71 billion. (i.e., lost earnings)





most rapidly rising condition associated with disability, just behind diabetes and dementia.



OA significantly limits a person's ability to self-manage other conditions, such as diabetes and hypertension.

A third of people with OA have 5 or more chronic conditions.

OA increases the risk of developing heart disease by 50%.

Reduced levels of physical activity, comorbid conditions, and adverse effects of medications lead to a 55% increase in all cause mortality.

