



Arthritis Walkability Assessment

This arthritis walkability assessment should be used in conjunction with other walkability assessment tools that assess the environment for activity for general adult populations. **The items on this tool are recommended as important for adults with arthritis and related rheumatologic conditions.** (Note some of these items are included on other walkability assessments and can be omitted from this assessment.) Please consider these factors in the environment, in particular, for people with arthritis and rheumatic conditions.

1. Is the environment safe from crime?
Yes_____ No_____

2. Is the environment safe from injury?
 - a. Are walkways free of objects blocking the path?
Yes_____ No _____

 - b. Are walking areas separate from roads (e.g., sidewalks)?
Yes_____ No _____

 - c. Are walking areas smooth and level?
Yes_____ No _____

 - d. Is the area well lit?
Yes_____ No _____

3. Are benches or places to sit and rest present?
Yes_____ No _____

4. Are ramps and railings present at stairs?
Yes_____ No _____