

Name _____

Date _____



Stepping On *(Falls Prevention)*

EnhanceFitness *(Group Senior Fitness)*

Living Well with Chronic Conditions

Living Well with Diabetes

Walk With Ease *(Arthritis Walking Program)*

Aging Mastery Program

Location info
on the back

Call (385)468-3084

LivingWell.Utah.gov



Signature

SLCo Senior Center Locations:

Columbus: 2531 S. 400 E, SLC

Draper: 1148 E. Pioneer Rd, Draper

Friendly Neighborhood: 1992 S. 200 E, SLC

Harman: 4090 S. 3600 W, WVC

Eddie P. Mayne Kearns: 4851 W. 4715 S, Kearns

Liberty: 251 E. 700 E, SLC

Magna-Kennecott: 9228 W. 2700 S, Magna

Midvale: 7550 S. Main St, Midvale

Millcreek: 2266 E. Evergreen Ave, Millcreek

Mount Olympus: 1635 E. Murray-Holladay Rd, Holladay

Murray-Heritage: 10 E. 6150 S, Murray

River's Bend: 1300 W. 300 N, SLC

Riverton: 12914 S. Redwood Rd, Riverton

Sandy: 9310 S. 1300 E, Sandy

South Jordan: 10778 S. Redwood Rd, South Jordan

Sunday Anderson Westside: 868 W, 900 S, SLC

Taylorsville: 4743 S. Plymouth View Dr, Taylorsville

Tenth East: 237 S 1000 E, SLC

West Jordan: 8025 S. 2200 W, West Jordan

If outside of Salt Lake County, please contact your local Area Agency on Aging

Call (385)468-3084 for more info

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